David Gardiner & Associates
Chartered Physiotherapists
Naas - Blessington - Kilcullen

Continence Assessment Form

Personal Details

Name	Date of Birth	Height (if Known)	Weight (if Known)

Address

Medical History (please select all that apply)

Arthritis	☐	Stroke (CVA)	☐	Diabetes Mellitus	☐	Acquired Brain Injury	☐
Hysterectomy	☐	Parkinsons Disease	☐	Fractured Hip	☐	Memory Loss	☐
Bladder Repair	☐	Multiple Sclerosis	☐	Urinary Tract Infection	☐		☐

Other Diagnoses(please list)

Incontinence History

How long have you had a urinary problem? ☐

Was the onset sudden or gradual? Sudden ☐ Gradual ☐

Symptoms of the past 6 months Worsening ☐ Stable ☐ Improving ☐ Fluctuates ☐

Have you sought help/advice before?, if yes, from whom and when?

Babies/Obstetric History

Have you given birth to any babies? Yes ☐ No ☐ (if no, please skip this section)

Did you have any problems during the birth(s)? Yes ☐ No ☐

Please State:

Large Babies (Over 8lb 8oz) Yes ☐ No ☐ Forceps Delivery Yes ☐ No ☐ Caesarian Section Yes ☐ No ☐

How often do you experience urinary leakage?

Never ☐ Once a Month ☐ A few times a month ☐ A few times a week ☐ Every day/night (or more) ☐

How much urine do you lose each time?

None ☐ A few Drops ☐ A Moderate Volume ☐ A full bladder ☐ Constant dribble ☐

Naas Physiotherapy Clinic - Sycamore House, Millenium Park, Naas, Co. Kilddare
Blessington Physiotherapy - The Annex, Main Street, Blessington, Co. Wicklow
Kilcullen Clinic - Hillcrest SC, Kilcullen, Co. Kildare

Phone - 045-853 726/866 075
Fax- 045-853 055
Email - info@physiotherapywoks.ie
www.physiotherapywoks.ie