



From Dublin

1. From Dublin proceed along the M7 Southbound.
2. Take the first exit (exit 9) for Naas North (Naas Ball).
3. At the second roundabout take the 2nd exit for Monread Road.
4. At the subsequent small roundabout (Globe Retail Park to the right) take 2nd exit.
5. Continue to the end of Monread Road and at the roundabout take the 2nd exit signed Millenium Park, Osberstown.
6. Take the 1st left into Millennium Park.
7. On entering Millenium Park, take the first right, signposted Sycamore House and Naas Physiotherapy Clinic is the first building on the left (Unit 1).

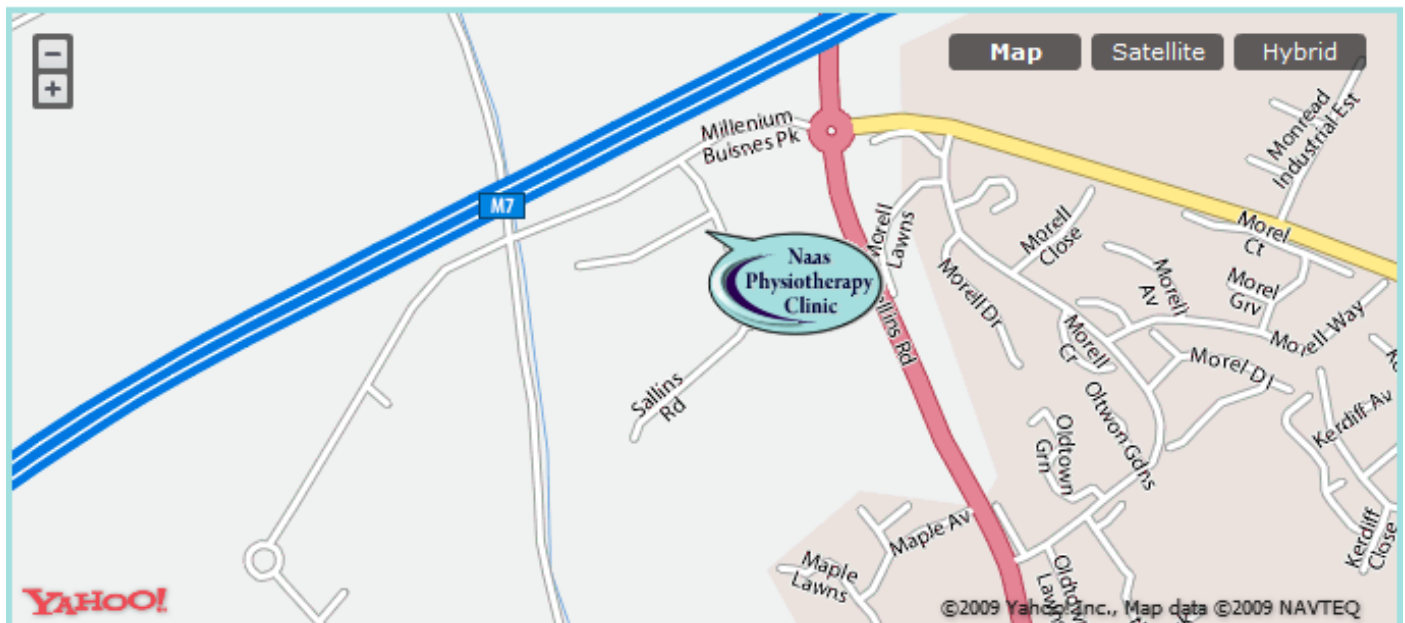
From Naas Town

1. Take the Sallins road and continue past the Statoil Garage (on right) to the roundabout.
2. At the roundabout take the 1st exit, signed Millenium Park, Osberstown.
3. Take the 1st left and Naas Physiotherapy clinic is the first building on right (unit 1)

From Newbridge

1. From Main Street, Newbridge, take the Naas Road (R445) northbound travelling through Oldconnell, Littleconnell, Morrinstown Upper and Ladytown.
2. Continue Past Toughers Industrial Estate driving straight through all roundabouts.
3. Continue Past B&Q to next roundabout (Lidl) and take the first exit signposted Caragh/Sallins.
4. At the next four roundabouts follow the signs for Dublin/Sallins/Millenium Park.
5. Continue over the bridge, and at the sign turn right into Millenium Park.
6. Take the first right signposted Sycamore House and Naas Physiotherapy is the first building on the right.

We look forward to welcoming you to Naas Physiotherapy Clinic.



Directions

David Gardiner
& Associates
Chartered Physiotherapists
Sycamore House,
Osberstown,
Naas, Co. Kildare
Tel: 045 866075

